

AMHP Peer Group Supervision

3-Minute Learning Briefing for AMHP Colleagues · April 2026



Beliefs ≠ Diagnosis

Assess meaning, context and impact — not just content.

Risk is Behaviour-Led

Use observable behaviour to anchor thresholds and decisions.

Power Needs Checking

Status, scrutiny and confidence can skew judgement — correct for it.

This session focused on how AMHPs hold lawful boundaries, power, belief systems and risk in complex, high-pressure practice.

Key Case Learning

Boundaries & Detention

Detention must meet statutory criteria and must not be used to compensate for system gaps or diagnostic uncertainty.

Power & Belief

Confidence, status or legal knowledge do not equate to wellness. Beliefs must be assessed for meaning and impact.

Risk & Behaviour

Behaviour-driven risk, particularly alongside substance use, should anchor decision-making.

Cross-Cutting Themes

Beliefs

Unusual beliefs alone do not equal delusion. Context matters.

Recording

Being recorded increases scrutiny and impacts practitioner wellbeing.

Section 136

Often used as containment, raising proportionality concerns.

AMHP CPD & Re-Approval

This learning evidences AMHP competence across legal application, ethics, social perspectives on mental disorder, risk assessment, equality, and professional development through peer supervision.

Next Steps

- Use this learning in supervision and team discussions
- Evidence reflection within re-approval portfolios
- Continue to prioritise least restrictive practice
- Bring anonymised examples to future peer supervision

Join us for the next peer session

Tuesday, 7th July 2026 · 1pm – 3pm
in the DCC-i Teams room

Supervision Group Members

Friday, 24th April 2026

- Sian Newman
- Luke Jackson
- Lakhbir Rai
- Kofi Torgbi
- Neelam Aslam
- Natasha Hazel

Facilitator

- Daisy Long