



## Welcome to the Birmingham AMHP CPD Programme 2026

This programme has been developed specifically to support Approved Mental Health Professionals in maintaining, deepening, and evolving their practice over time. It has been designed as an ongoing CPD offer, recognising that AMHP practice does not stand still - the law develops, systems shift, thresholds change, and the emotional and ethical weight of the role remains significant.

The programme aims to provide:

- Regular, meaningful CPD opportunities aligned with the AMHP role and statutory responsibilities
- Space to engage with current and emerging case law, policy developments, and practice guidance
- Opportunities for critical reflection on complex assessments, decision-making, and professional judgement
- Peer learning with other AMHPs who understand the realities, pressures, and accountability of the role

Sessions are practice-focused and interactive, grounded in real-world dilemmas and contemporary issues in mental health law and practice. They are intended to support you in meeting your annual CPD and re-approval requirements, while also offering space to think, question, and reflect beyond compliance.

We recognise that AMHPs are often balancing this work alongside demanding operational roles, on-call responsibilities, and emotionally challenging practice. This programme is designed to be flexible, sustainable, and supportive, allowing you to engage in a way that works for you - whether that is attending regularly or selecting sessions most relevant to your current practice.

Here at DCC-i, we are committed to learning spaces that are psychologically safe, inclusive, and respectful of professional experience. The programme values difference, in professional background, thinking style, and perspective, and welcomes thoughtful challenge, curiosity, and honest reflection. You are not expected to have all the answers; complex questions are a vital part of AMHP practice and learning. We're really pleased to have you as part of the AMHP CPD Programme and look forward to learning alongside you throughout the year.

Welcome - and thank you for the work you do.

We'll see you at a session soon!

*Daisy McGill and the DCC-i Crew*



## How to Choose and Book Your CPD Sessions

As part of the AMHP Ongoing CPD Programme, you are asked to build your CPD across the year by selecting a combination of core and elective sessions. This approach ensures statutory requirements are met, while allowing flexibility to tailor CPD to your practice needs.

### *Step 1: Book Your Core Sessions (Required)*

You must book one session from each of the following core areas first:

- **One each of Legal Update 1 & Legal Update 2**  
This ensures your CPD includes up-to-date coverage of relevant case law, legislative changes, and legal developments impacting AMHP practice.
- **One MHA Clinic Session**  
Clinics focus on updating AMHPs on the MHA 2025 and the progress / timelines / proposals within the new legislation. Don't Panic! Its going to be a while in the implementation – we just need to make sure you are aware and prepared.

These two elements form the core AMHP CPD offer and should be prioritised when booking.

### *Step 2: Top Up to 18 Hours CPD (Flexible)*

Once your core sessions are booked, you should top up your CPD to a total of 18 hours by selecting from the following options:

- **Practice Workshops**  
Themed, skills-focused sessions exploring areas such as complexity, risk, ethics, partnership working, or reflective practice.
- **Peer Group Supervision Engagement**  
Structured peer spaces that support reflective discussion, shared learning, and professional accountability with other AMHPs.

You can mix and match these options in a way that best supports your learning needs, interests, and workload.

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### *Key Points to Remember:*

- ✓ You must book:
  - 1 × Legal Update 1
  - 1 x Legal Update 2
  - 1 × MHA Clinic
  
- ✓ You then choose additional sessions to reach 18 hours total CPD
  
- ✓ Attendance can be spread across the year
  
- ✓ Sessions are designed to support annual AMHP CPD and re-approval requirements

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### *Please Note:*

There is no expectation to attend everything. This programme is designed to be flexible, sustainable, and responsive to your practice context.

Where topic sessions or specific dates fill up quickly, we will give priority to ensuring statutory hours are met by individual AMHPs prior to confirming additional places/hours for individuals.

If you are unsure which sessions best meet your needs, you are encouraged to discuss options with your AMHP lead or supervisor.